

HOW DO I GET THERE?

From the San Francisco Airport

Take the Marin Airporter to Larkspur Landing, where you will need to take a cab to the SFTS campus. Buses depart SF Airport on the half hour, beginning at 5 a.m., ending at midnight. Fare is approximately \$15 one way. More information at www.marinairporter.com or call the Larkspur Terminal at 415.461.4222.

From Oakland Airport

Take the Sonoma County Airport Express to downtown San Rafael, Third and Heatherston. Buses leave Oakland Airport every two hours, starting at 6 a.m. and ending at midnight. Fare is approximately \$16 one way. For more information, www.airportexpressinc.com or 800.327.2024. Golden Gate Transit bus #20 "San Francisco" operates from the San Rafael Transit Center on Third and Heatherston to Bolinas and Sir Francis Drake, which is three blocks from campus. The fare is about \$1.50. Taxi service is also available from the San Rafael Transit Center.

From Both Airports - Marin Door to Door

Marin Door to Door is a van service directly from S.F. Airport or Oakland Airport to the seminary. It operates daily from about 4 a.m. until 1 a.m. Reservations are required 24 hours in advance at 800.540.4815. The fare from S.F. Airport is \$34; \$12 each additional person. The fare from Oakland is \$50 with \$12 for each additional person.

Driving Directions

From South - Take Hwy. 101 north from Golden Gate Bridge to San Anselmo exit. Take Sir Francis Drake Blvd. approximately three miles; left on Bolinas Ave.; Two blocks to Kensington Road; Right into seminary entrance.

From East - Take Hwy 580 across Richmond-San Rafael Bridge. Take Sir Francis Drake Blvd. exit and stay on this past the Hwy. 101 underpass. Go approximately three miles and follow above directions.

San Francisco Theological Seminary
105 Seminary Road
San Anselmo, CA 94960
800.447.8820 or 415.451.2800
www.sfts.edu and click "visiting the campus"

DIRECTORS

Ron Rosenau
Presbytery of Philadelphia
610.722.0661
ronrosenau@nni.com

Tom Robinson
Synod of the Trinity
717.737.0421
trobinson@syntrinity.org

Lou Snead
Mission Presbytery
512.444.1314
faithpc@austin.rr.com

Ken Waddell
Cherokee Presbytery
706.629.4304
cfpc@bellsouth.net

Sherry Stottler
Wyoming Presbytery
307.347.4422
sstottler@hotmail.com

Susan Holderness
Presbytery of Western Reserve
216.241.3966 ext. 23
swhold@aol.com

Roger Harp
Synod of the Mid-Atlantic
804.342.0016
rharp@synatlantic.org

DENOMINATIONAL ADVISORS

Bernellyn Carey
Board of Pensions of the PC (U.S.A.) – Philadelphia

Marcia Myers
PC (U.S.A.) National Ministries Division – Louisville



PRESBYTERY
PASTORAL CARE
NETWORK

1069 Darby Paoli Road
Berwyn, PA 19312-2203
www.pastoralcarenetwork.org

5TH ANNUAL NATIONAL GATHERING

*"WELL, WELL, WELL!
PROMOTING
CLERGY WELLNESS"*

Featuring

Pamela Cranston - Keynote
Clergy Wellness Commission
Episcopal Diocese of California

James Noel - Preacher
SFTS Associate Professor
African American Ministry

Valerie De La Torre - Worship
Hispanic Ministries Enabler
Santa Barbara Presbytery

OCTOBER 25-28, 2004

San Francisco Theological Seminary
San Anselmo, California



PRESBYTERY
PASTORAL CARE
NETWORK

Providing Professional Development and Personal Support for
Pastors to Ministers throughout the Presbyterian Church
(U.S.A.)



PRESBYTERY
PASTORAL CARE
NETWORK

NATIONAL GATHERING

"WELL, WELL, WELL!"
PROMOTING CLERGY WELLNESS"

OCTOBER 25-28, 2004

San Francisco Theological Seminary
San Anselmo, California

Name: _____

Address: _____

Phone: (H) _____ (W) _____

E-mail: _____ Fax: _____

Denomination: _____

Presbytery/Synod: _____

Title: _____

Preferred Roommate: _____

Special Needs: _____

GATHERING COSTS:

Member Registration @ \$300 = _____

(includes room and board)

Non-Member Registration @ \$360 = _____

(includes room and board)

Membership in PPCN @ \$45 active, = _____

\$25 affiliate, \$250 institutional

Commuter Rate @ \$150 = _____

(includes meals)

Spouse Rate @ \$175 = _____

(includes room/meals)

Private Room @ \$75 extra = _____

TOTAL: \$ _____

Please make check payable to and mail to:

Presbytery Pastoral Care Network

c/o Susan Holderness

54 Lyman Circle

Shaker Heights, OH 44122

216.241.3966 ext. 23 swhold@aol.com

Return by October 5, 2004

WHAT'S HAPPENING

Monday, October 25, 2004

3 p.m. Register and Relax

6 p.m. Dinner

7 p.m. Welcome to Gathering
Speaker and Theme Overviews

8:15 p.m. Opening Worship

9 p.m. Networking/Social Time

Tuesday, October 26, 2004

7:30 a.m. Breakfast

9 a.m. Presentation - Pamela Cranston
"Living Abundantly: Healthy Clergy/
Congregations"

11 a.m. Worship

Noon Lunch

2 p.m. SFTS Professors

4 p.m. Presentation - Pamela Cranston
"Work as Prayer: Finding the One
Thing Needful"

6 p.m. Dinner

7 p.m. Panel Discussion with Presenters

8:30 p.m. Evening Prayers

9 p.m. Networking/Social Time

Wednesday, October 27, 2004

7:30 a.m. Breakfast

9 a.m. Wellness Presenters

11 a.m. Worship

Noon Lunch

Afternoon/Evening/Dinner on your own

**Sign-up for sightseeing opportunities such as:
Napa/Sonoma Wine-tasting, Redwood Forest,
San Francisco/Fisherman's Wharf/Chinatown,
Alcatraz, Sausalito, Golden Gate, and more!**

Thursday, October 28, 2004

7:30 a.m. Breakfast and Membership Meeting

9 a.m. Closing Worship

10 a.m. Departure

For more information:

Ken Waddell 706.629.4304 cfpc@bellsouth.net

ABOUT THE GATHERING

"Healthy clergy make for healthy churches ... clergy wellness or wholeness is not simply for clergy and their families, it's for the whole church!"

This Gathering will address such questions as:

- What can clergy and their families do to maintain their sense of well-being spiritually, physically, psychologically, and emotionally?
- What models, attitudes, and courses of action can sessions, congregations, and presbyteries take that will support and promote their clergy to adopt a more healthy, Godly, and fulfilling lifestyle, especially in regard to work?

The answers to these questions are not easy, yet the issues can no longer be ignored. The number of clergy who burn out, drop out, act out, or limp along is staggering. And the toll it takes on clergy, their families, their churches, and even on the Board of Pensions health care system is, likewise, alarming.

Come join your colleagues as we explore this critical area, acquiring tools for both ourselves and our presbyteries to care for clergy.

Health Fair "wellness stations" will be set up for health screenings, relaxation/meditation, massage, nutrition and exercise. There will be resources to take with you.

ABOUT OUR SPEAKER

Our keynote presenter, the Rev. Pamela Cranston, is chair of the Clergy Wellness Commission for the Episcopal Diocese of California and author of *Clergy Wellness and Mutual Ministry: A Resource for Clergy and Congregations*, now in its third printing and available at the Gathering.

Other speakers include professors and staff from San Francisco Theological Seminary, the Board of Pensions, and other practitioners in the field.

Our worship will be led by the Rev. Valerie De La Torre, Hispanic Ministries Enabler for Santa Barbara Presbytery, and the Rev. James Noel, SFTS faculty.